

SENIORFEST REGISTRATION FORM

Facts, Fun, and Fellowship in Freistadt
Wednesday, June 7th, 2006
Trinity Lutheran Church, Mequon

NAME: _____

ADDRESS: _____

CITY: _____ ZIP: _____

PHONE: _____

EMAIL ADDRESS: _____

HOW MANY ATTENDING: _____

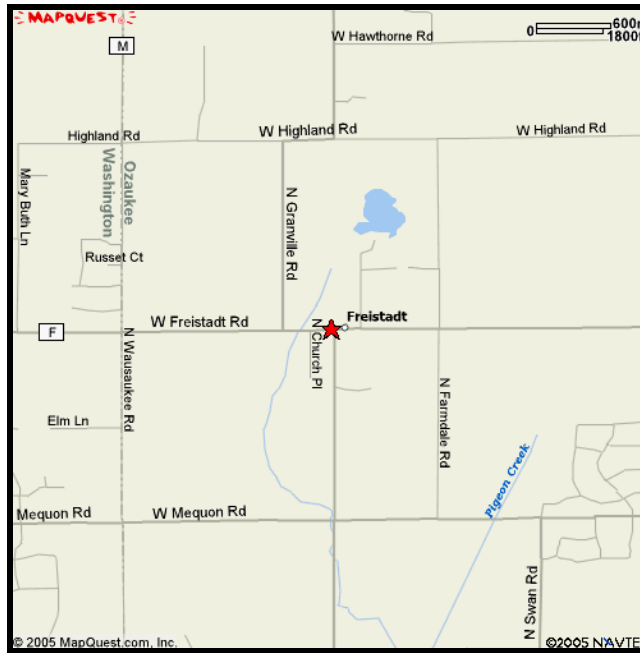
HOME CHURCH: _____

NAMES OF PEOPLE IN YOUR GROUP:



*Please enclose payment with registration.
Make checks payable to Trinity Lutheran Church.
Mail payment to:*

Trinity Lutheran Church
Attention: Rick Adams
10729 West Freistadt Road
Mequon, WI 53097
Phone: 262-242-2045
Fax: 262-242-4407
www.trinityfreistadt.com



Trinity is wheelchair accessible, has an elevator to move from level to level, and is located in Mequon at the corner of Granville Road and Freistadt Road. Visit Trinity's website for updated information on this event by going to www.trinityfreistadt.com.



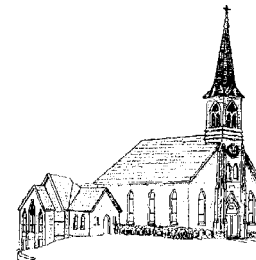
 Cedar Community	LutheranLiving Services <i>Celebrating 100 Years 1906-2006</i>	
	KNUEPPEL HealthCare SERVICES, INC.	

Trinity Lutheran Church of Freistadt,
Lutheran Church Extension Fund,
and LutheranLiving Services Present...

SeniorFest '06



WEDNESDAY, JUNE 7TH
8:30 AM - 3:30 PM



HELD AT:
Trinity Lutheran Church
10729 W. Freistadt Rd.
Mequon, WI 53097
262-242-2045
www.trinityfreistadt.com

\$10 Per Person

SENIORFEST '06

Wednesday, June 7th

Only \$10 Per Person

\$10 per person – includes Continental Breakfast, Program, Lunch, and Tour of Trinity Freistadt's Historical Grounds

Trinity Lutheran Church, in conjunction with LutheranLiving Service and Lutheran Church Extension Fund, is presenting SeniorFest, a day for older adults on Wednesday, June 7th. It will be a day filled with a wide variety of speakers and topics that will entertain and inform.



We get things started at 8:30 this year, with a continental breakfast courtesy of Lutheran Church Extension Fund (LCEF).



This year, we are emphasizing the financial end of things, with Tim Dittloff, District Vice President for LCEF, who will be speaking on the mission and ministry of LCEF, and how seniors can participate in the building of the kingdom through investments and

giving opportunities.

Cindy Mangan will again be on hand to provide us with the topic of "The Power of Good Nutrition". Cindy is a Diet Technician from LutheranLiving Services.

Cynthia Kalies, Chaplain at LutheranLiving Services, encourages us with her message "The Spirituality of Aging" and reminds us that we are never too old to grow in our faith-walk with Jesus.

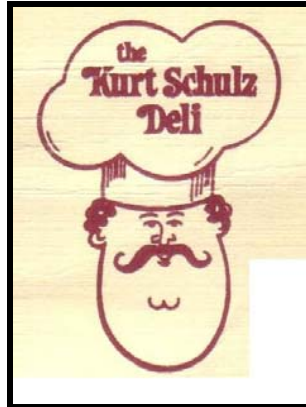
Finally, a representative from Ozaukee Aging Services will provide us with a video with discussion to follow on elder choices and "getting your house together"

Pastor Robert Lindau, Senior Pastor of Trinity, will start us off with a devotion at 8:30 a.m., following a continental breakfast.



OUR SENIORFEST '06 SESSIONS:

- "The Power of Good Nutrition" – from Cindy Mangan from LutheranLiving Services;
- "Building the Kingdom with Your Investments" – from Tim Dittloff, District Vice President, Lutheran Church Extension Fund
- "Getting Your House in Order" – A video, then discussion on elder choices in Ozaukee County from Ginger Ayres of Ozaukee Aging Services;
- "The Spirituality of Aging" - from Chaplain Cynthia Kalies of LutheranLiving Services.
- **Seniors Ministry Workers Roundtable Discussion**— Those who work with their church's seniors ministry are asked to be a part of a roundtable discussion to brainstorm ideas for the South Wisconsin District's Older Adults Committee.



We will have a box lunch catered by the folks at the Kurt Schulz Deli in Germantown.

After two more sessions in the afternoon, we will be taking you on a tour of Trinity's historical grounds, which include log cabins and barns which date back to the 1830's.

LutheranLiving Services will be making

transportation available to and from Trinity. Contact LutheranLiving Services Chaplain Cynthia Kalies (414-258-6170) to reserve a spot on one of their buses.

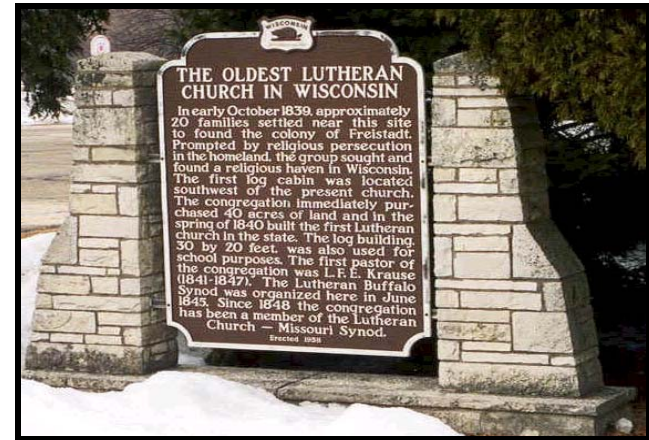
In addition to providing transportation assistance, LutheranLiving Services will have representatives present to provide information on health and nutrition, nursing home FAQ's, and information on the services provided by LutheranLiving Services. And... LutheranLiving Services is also sponsoring our afternoon snack at SeniorFest! '06!



TOUR THE HISTORICAL GROUNDS OF FREISTADT

SeniorFest has become an annual event for older adults in the Southeastern Wisconsin. We've made a tradition of capping off SeniorFest with a guided tour of Trinity Freistadt's historical grounds. This tour will take you through a log cabin and several other barns and out- buildings that have been restored to look the way they did 165 years ago.

All this for only \$10! You can't go wrong! Register for this event by calling the church/school office at Trinity Freistadt – 262-242-2045, or by emailing Rick Adams at radams@trinityfreistadt.com. Or you can mail in the registration form included in this brochure. Make checks payable to Trinity Lutheran Church.



TENTATIVE SCHEDULE

- 8:30—9:00 A.M.—Registration/Continental Breakfast
- 9:30—9:45 A.M.—Opening Devotion
- 9:45—10:30 A.M.—"The Power of Good Nutrition"
- 10:45—11:30 A.M.—"The Spirituality of Aging"
- 11:30—12:00 P.M.—LUNCH
- Lunchtime Roundtable Discussion on Congregational Senior Activities (led by Jim Farrelly)**
- 12:15—1:00 A.M.—"LCEF: Building the Kingdom"
- 1:00—1:45—"Getting Your House in Order"
- 2:00—3:30 P.M.—Tour of Trinity's Historical Grounds